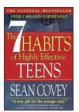
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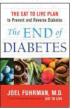
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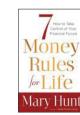
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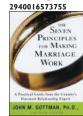
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## BODY C

THIS WEEKEND: SELF-IMPROVEMENT



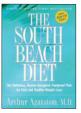
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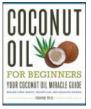
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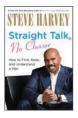
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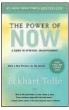
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